



2024 Women's Basketball Skills Camp San Ramon Valley High School

High School **ADVANCED** Skills Camp

This camp is designed for advanced skill high school players

Advanced Basketball Skills Camp

- CAMP OBJECTIVE:** Promote skill development, conditioning and game situation skills
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- INSTRUCTION:** Footwork, ball handling, passing, shooting, games, competition, weight training and plyometrics
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- LOCATION:** San Ramon Valley High School **Main Gym and Auxiliary Gym**
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- DATES/TIMES:** **June 10th – August 3**
See attached activity dates
-
- FEE:** **\$550 per participant**
Includes instruction, supervision, and competition.
- NEXT STEPS:**
- Complete and sign the *Information sheet*.
 - Read, sign and return the **Waiver of Liability**.
 - Make check payable to: **SRVHS Women's Basketball**: \$550.00
 - *Your check will secure a place in the camp. You will receive a confirmation email that indicates you are enrolled in the Summer Camp Program.*
- ALL FEES/ APPLICATIONS / WAIVERS ARE **DUE BY JUNE 1, 2024****
- MAIL/DELIVER TO:** **John Cristiano, Women's Basketball**
San Ramon Valley High School
501 Danville Blvd
Danville, Ca 94526



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High School **ADVANCED** Skills Camp Information Sheet

The San Ramon Valley High School Women's Basketball Camps serve as a **fundraiser** for the Women's Basketball Program. The funds raised from the camp will be used for general operating expenses for the Women's Basketball Program. The Summer Camp fund raising opportunity is **not intended for summer employment for coaches**. *Summer Camp shall not be a prerequisite or result in preferential treatment when participating in a district athletic program.* Summer Camps are open to everyone!

Camper's Name (Print Clearly) First Name: _____ Last Name: _____

Grade Entering (circle one) 9 10 11 12

Parent Name (Print) First Name: _____ Last Name: _____

Address _____ City _____ Zip Code _____

Parent Work/Cell Phone # _____ Home Phone # _____

Parent E-Mail Address _____

Emergency Contact _____ Cell Phone # _____

Insurance Carrier _____ Policy Number _____

Parent Signature _____

Mail/Delivery To: John Cristiano, Women's Basketball
San Ramon Valley High School
501 Danville Blvd
Danville, Ca 94526

Mail this page with your check and signed Waiver of Liability by June 1, 2024



San Ramon Valley Unified School District

EXTRA CURRICULAR ACTIVITIES

VOLUNTARY PARTICIPATION FORM

and

ACKNOWLEDGMENT AND ASSUMPTION OF POTENTIAL RISK

I authorize myself/my son/daughter, _____ to participate in the district sponsored activities of _____.

I understand and acknowledge that these activities, by their very nature, pose the potential risk of serious injury/illness to individuals who participate in such activities.

I understand and acknowledge that participation in these activities is completely voluntary and as such is not required by the District for course credit or for completion of graduation requirements.

I understand and acknowledge that in order to participate in these activities, my son/daughter and I agree to assume liability and responsibility for any and all potential risks that may be associated with participation in such activities.

I understand, acknowledge, and agree that the San Ramon Valley Unified School District, its employees, officers, agents, or volunteers shall not be liable for any injury/illness suffered by myself, my son/daughter which is incident to and/or associated with preparing for and/or participating in this activity and I voluntarily assume all risk, known or unknown, of injuries, howsoever caused, even if caused in whole or in part by the action, inaction, or negligence, of released parties to the fullest extent allowed by law.

The undersigned agrees to defend, indemnify and hold harmless the San Ramon Valley Unified School District, its Board of Trustees, officers, agents and employees, individually and collectively, from and against all costs, losses, claims, demands, suits, actions, payments and judgments, including legal and attorney fees, arising from personal or bodily injuries, property damage or otherwise, regardless of and however caused, brought or recovered against any of the above that may arise for any reason from or during or be alleged to be caused by the undersigned's (use/occupancy of District's facilities, furniture or equipment, or nature of activity).

I acknowledge that the above named participant is in good health, and fully able to participate in the activities, including activities which are strenuous in nature.

I have carefully read this VOLUNTARY ACTIVITIES PARTICIPATION FORM and as a participant and that I understand and agree to its terms.

Parent/Guardian

Date

Student Signature

Date

A signed VOLUNTARY ACTIVITIES PARTICIPATION FORM must be on file before a participant will be allowed to participate in the above extra-curricular activities. Reviewed: March 2014



Dates: June 10-June 15

- Weight Room 12:00pm-1:00pm Monday- Thursday Joseph Mar
- Basketball 5:30pm-7:30pm Main Gym – SRV Coaching Staff

Dates June 17-June 29

- Weight Room 12:00pm-1:00pm Monday-Thursday -Joseph Mar
- Basketball 4:00pm-6:30pm Main Gym – M/T/W/Th/F - SRV Coaching Staff
- Saturday June 22 10:00am-12:00pm Main Gym - Shooting Focused Session/Vertimax Plyo
- Saturday June 29 10:00am-12:00pm Main Gym – Shooting Focused Session/Vertimax Plyo

Dates July 1-July 3

- Weight Room 12:00pm-1:00pm Monday 7/1, Tuesday 7/2, Wednesday 7/3 – Joseph Mar
- Basketball 4:00p-6:30pm Monday 7/1 , Tuesday 7/2 , Wednesday 7/3 Only

Dates July 8-July 20

- Weight Room 12:00pm-1:00pm Monday-Thursday Joseph Mar
- Basketball 4:00pm-6:30pm Main Gym – M/T/W/Th/F - SRV Coaching Staff
- Saturday July 13 10:00am-12:00pm Main Gym - Shooting Focused Session/ Vertimax Plyo
- Saturday July 20 10:00am-12:00pm Main Gym – Shooting Focused Session/Vertimax Plyo

Dates July 22-August 2

- Weight Room 12:00pm-1:00pm Monday-Thursday Joseph Mar
- Basketball 5:00pm-7:00pm Main Gym – M/T/W/Th/F - SRV Coaching Staff
- Saturday July 27 10:00am-12:00pm Main Gym - Shooting Focused Session/ Vertimax Plyo