

***Concussions are taken very serious here at SRVHS. Here are important links to review at your convenience***

***Make sure you see the Zach Lystedt video below, very good info***

***Bonnie***

## **Important links**

**\*\*\*\* San Ramon Valley High school return to play protocol taken from CDC website\*\*\*\***

**[http://www.cdc.gov/concussion/headsup/return\\_to\\_play.html](http://www.cdc.gov/concussion/headsup/return_to_play.html)**

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- Sport specific information sheets (concussion)

**[http://www.cdc.gov/concussion/HeadsUp/sports\\_specific.html?s\\_cid=rss\\_injury429](http://www.cdc.gov/concussion/HeadsUp/sports_specific.html?s_cid=rss_injury429)**

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- Prevent and recognize concussions

**<http://www.cdc.gov/Features/Concussion/>**

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### **Parent fact sheet for concussions**

**[http://www.cdc.gov/concussion/pdf/TBI\\_factsheets\\_PARENTS-508-a.pdf](http://www.cdc.gov/concussion/pdf/TBI_factsheets_PARENTS-508-a.pdf)**

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### **Zack Lystedt- great video**

**<http://www.youtube.com/watch?v=wb6Bm5skuBA>**

### **Zack Lystedt law-**

**[http://www.tbiwashington.org/tbi\\_wa/bill1824.shtml](http://www.tbiwashington.org/tbi_wa/bill1824.shtml)**

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### **Impact testing information sheet FAQ**

**<http://impacttest.com/about/background>**

District Neurosurgeon - **[http://www.pacbrain.com/physicians\\_mimran\\_bio.html](http://www.pacbrain.com/physicians_mimran_bio.html)**