

Rick McMillen

2009 SRVHS ATHLETIC HALL OF FAME

Rick McMillen, DDS, Class of 1956:

In just two years, Rick amassed 12 Varsity Letters in 6 different sports at San Ramon. That's two varsity sport athlete. As a 12 year old, Rick was second in the nation in his age group for the 50 yard freestyle in swimming.

In College, Rick was the Associated Press Athlete of the Week at Stanford for his 186 yard rushing performance. He is a Dentist and lives with his wife, Betty, who was also his high school sweetheart, in Fort Bragg, CA.

According to Rick, his love of sports and competition started in the pool of all places. As a 12 year old, he swam winning two events and recording the third fastest time in the nation for the 50 free. Though he wouldn't swim, his athletic interests were destined to branch out beyond the pool. High school afforded him the opportunity to play as he played basketball, tennis, track, cross country, and swam.

After high school Rick headed to Stanford on a football scholarship. In a very memorable game vs. Washington he was named "Back of the Week" in Sports Illustrated.

While in dental school, Rick continued playing sports...Rugby. He even continued to play while serving in Okinawa.

Sports still play a huge role in Rick's life as he has run triathlons, and decathlons. At 72 Rick is still a sportsman. It's never too late to start!
days!